### Part 1 – Anthropology: General Overview

1. Anthropology and Society: The Paradigm of Bio-Cultural Approach and some Landmark Developments  
   **V. Bhalla**  

2. Assessment and Management of Obesity  
   **Indu Talwar**

3. Applications of Anthropology in the Contemporary Society  
   **J.R. Gaur, Abhik Ghosh, Kewal Krishan, Jagmehender Singh**

4. Bhowmick’s Thoughts and Action in the World of Development  
   **Debashis Debnath**

5. Anthropology in Social Policy: Some Reflections on Applying Anthropology in Britain  
   **Daljeet Arora**

6. Reassessing the Wave of the Future: A Brief Introduction to Applied Anthropology in India  
   **Abhik Ghosh**
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Authors</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>An Assessment of Methodologies Employed for Tooth Emergence Studies in Indian Populations</td>
<td>Vinod Kaul</td>
<td>87</td>
</tr>
<tr>
<td>8</td>
<td>Malnutrition and Anaemia among Scheduled Caste Women of Amritsar (Punjab)</td>
<td>Sharda Sidhu, Sita Malhotra and Navdeep Kaur</td>
<td>109</td>
</tr>
<tr>
<td>9</td>
<td>Growth Pattern of Mentally Retarded Athletes during Adolescence</td>
<td>Indu Talwar, Maninder Kaur and Gayatri Pathmanathan</td>
<td>115</td>
</tr>
<tr>
<td>10</td>
<td>Kinanthropometry: Its Various Applications</td>
<td>Shyamal Koley</td>
<td>123</td>
</tr>
<tr>
<td>11</td>
<td>Age Related Changes in Skeletal Diameters of Rural and Urban Brahmin Females</td>
<td>Maninder Kaur and Indu Talwar</td>
<td>132</td>
</tr>
<tr>
<td>12</td>
<td>Height, Weight and Skeletal Maturation of Girls Aged 8 Through 16 Years</td>
<td>Gurpreet Kaur and L.S. Sidhu</td>
<td>145</td>
</tr>
<tr>
<td>13</td>
<td>Body Mass Index and Other Measures of Obesity among Punjabi Adolescent Boys and Girls in Chandigarh</td>
<td>Bhavneet Kaur, Indu Talwar and Nirupa Marwaha</td>
<td>156</td>
</tr>
<tr>
<td>14</td>
<td>Standard Deviation Scores of Height and Weight of Rural Northwest Indian Adolescents</td>
<td>G. Pathmanathan, P. Raghavan and Indu Talwar</td>
<td>164</td>
</tr>
<tr>
<td>15</td>
<td>Aberrant Heterosis in Hemoglobinopathies in Orissa: Rare Case Reports of β-Thalassemia with Abnormal Hemoglobins E and S</td>
<td>R.S. Balgir</td>
<td>178</td>
</tr>
<tr>
<td>16</td>
<td>DNA Damage Assessment Using the Single Cell Gel Electrophoresis Assay in Individuals Diagnosed with Essential Hypertension</td>
<td>G Gandhi and Jeevan Jyoti</td>
<td>188</td>
</tr>
<tr>
<td>17</td>
<td>Comparison of Stature Calculated from Long Bones and Skull with the Actual Height</td>
<td>Amandeep Singh and Jagmahender Singh</td>
<td>196</td>
</tr>
<tr>
<td>18</td>
<td>Prediction of Stature Using Hand and Finger Measurements Among Shia Muslims of Delhi</td>
<td>Bhavna, Surinder Nath and Kewal Krishan</td>
<td>206</td>
</tr>
</tbody>
</table>
19. Indian Palaeoanthropology: Current Issues and Challenges
   A.R. Sankhyan

20. Quaternary Stratigraphy and Associated Palaeolithic Occurrences in the Central Narmada Valley: Recent Discoveries and New Observations
   Rajeev Patnaik and Parth Chauhan

21. Early Childhood Care and Development: Foundation for Sound Human Development
   S. Jaswal

22. Family Studies and Human Development
   I.J.S. Jaswal

23. Alcohol Use Behaviour amongst Adolescent Delhi Students
   Vijay Grover

24. Children’s Participation in Development: An Insight
   Vedabhyas Kundu

25. She Lost a Pound and Earned a Penny: Women’s Empowerment in the Family with Special Reference to Manipur, North-east India
   Premjit Khwairakpam

26. Mass Media Exposure and Its Impact on Family Planning: A Study of Tezu Village, Manipur
   John Mao

27. The Status of a Girl Child: An Anthropological Study of Gender Differences in the Rural Set up of Nainital District (Uttaranchal)
   Nitika Sood and A.K. Sinha

28. Knowledge of Sex, Sexual Behaviour, AIDS and Reproductive Health among Middle and Late Adolescents in Delhi and Chandigarh
   Abhik Ghosh, Vijay Grover, Sharmila Ghosh
   Nongmeikapam Inaoba Singh

---

Part VI – Cultural Dynamics, Religion, Health and Ecology

30. The Phayeng Loi Village and Its Occupational Dynamics
    Thingnam Deshorjit and Abhik Ghosh

31. Cultural Food Practices in a Village in Haryana, India
    Anil Kumar Siwach

32. Religious Life in Western Himalayas: An Anthropological Study of the Sacred Complex of Chikhadeshwar Devta of Theog in Himachal Pradesh
    Chakraverti Mahajan

33. Comparative Religious and Healing Practices between Tribals and Other Communities in Himachal Pradesh, India
    Virender Singh

34. Tashi Zong: An Overview of the Tibetan Heritage
    Nitika Sood

35. Rescuing the Body Electric: A Study of Health and Society among I.T. Professionals in Chandigarh
    Raj Bala

36. Perspective of Ecotourism in the Valley of the Gods: A Study in Himachal Pradesh with Special Reference to Great Himalayan National Park
    Suman Bhanoo